



# Your first stop for quality care

Virtual visits and in-home care, at **no cost** as part of your BHT package, appointments usually within a day!



## \$0 Primary Care

All Nice visits are no-cost. No copays. No deductibles. Nice supports you with primary care, sick care, chronic conditions, and virtual mental health and physical therapy.



## \$0 Medications

550+ common medications free through Nice, covering most everyday medications, including over-the-counter options (e.g., allergy, heartburn, cough, antibiotics).

## One-stop Care

Employees on a BHT medical plan and their eligible dependents get as much care as they need.



Labs, EKGs,  
X-rays



Physical  
Therapy



Mental  
Health



Primary &  
Sick Care



Full Rx  
Service

Check if you're in Nice's in-person service area (Labs, EKGs, X-rays, etc.) at [nice.healthcare/locations](https://nice.healthcare/locations)

## How to Get Started



### 1. Sign Up

Create your Nice account today on the [Nice Healthcare website](https://nice.healthcare), [iOS app](#), or [Android app](#)



### 2. Care Kit

Submit a [quick form](#) to get a Care Kit which includes a digital otoscope, pulse oximeter, and more.

### 3. Get Care & Save





# Get 550+ common medications **FREE** when prescribed by Nice

**How:** Talk to a Nice clinician in a visit, once prescribed by Nice and sent to your favorite pharmacy (just NOT Walgreens or Kaiser), share your in-app Nice pharmacy card with the pharmacist.

## Common things people use Nice prescriptions for:

- Allergies and sinus symptoms
- Cold, cough, and sore throat
- Skin concerns
- Anxiety or depression
- Blood pressure support
- Asthma symptoms
- Common infections
- Any sudden non-emergency concern

## Common \$0 medications being prescribed by Nice:

Real examples as of April 2026, but this list can change. Visit [www.nice.healthcare/pharmacy](http://www.nice.healthcare/pharmacy) for the latest.

### \$0 Allergy OTC

- Fluticasone (Flonase)
- Cetirizine (Zyrtec)
- Loratadine (Claritin)
- Fexofenadine (Allegra)
- Levocetirizine Dihydrochloride (Xyzal)
- Triamcinolone acetonide nasal spray (Nasacort)

### \$0 Cold OTC

- Acetaminophen (Tylenol)
- Ibuprofen (Advil)
- Dextromethorphan-guaifenesin (Mucinex DM)

### More \$0 Prescription Meds

- Amoxicillin-clavulanate (Augmentin)
  - Amoxicillin (Amoxil)
  - Benzonatate (Tessalon Perles)
  - Prednisone (Deltasone)
  - Albuterol nebulizer solution
  - Ipratropium bromide (Atrovent)
  - Ipratropium-albuterol neb (DuoNeb)
  - Ondansetron (Zofran)
  - Escitalopram (Lexapro)
  - Sertraline (Zoloft)
  - Bupropion (Wellbutrin XL)
  - Valacyclovir (Valtrex)
  - Atorvastatin (Lipitor)
  - Metformin (Glucophage)
  - Levothyroxine (Synthroid)
  - Lisinopril (Zestril)
  - Losartan (Cozaar)
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