



Start with Nice!

Nice is your first stop for quality, everyday healthcare. Virtual visits and in-person care, at **no cost** as part of your benefits, appointments usually within a day!



\$0 Primary Care

All Nice visits are no-cost. No copays. No fees. Nice can help with most everyday care needs - primary care, sick care, chronic conditions.

\$0 Medications

Hundreds of common medications free through Nice, covering most everyday needs, including over-the-counter medication options.

\$0 Mental Health & PT

Nice Healthcare is your quickest way to connect with a mental health therapist or physical therapist. Available in most states.

When to use Nice

 Sickness Colds, flu, COVID, strep, coughs, and sore throats	 Ongoing needs Refills, blood pressure, diabetes, depression, perimenopause, \$0 meds	 Something off? Pink eye, UTIs, ear infection, stomach issues, and more.	 Allergies, rash Seasonal allergies, rashes and acne
 Aches & pains Back, neck or joint pain. Convenient virtual PT, ages 12+	 Stress, anxiety Short-term support. Virtual mental health for adults, ages 18+	 Basic imaging X-rays for injuries & respiratory, EKGs for heart health.	 Labs Blood draws, urine tests, routine lab work, and more.

With Nice, labs and X-rays are always \$0. Depending on where you live, Nice can come to your home or office, or refer you to a local facility and cover the cost.

How to Get Started



1. Sign Up

Create your Nice account on the [Nice website](#), [iOS app](#), or [Android app](#)



2. Care Kit

Submit to get a Care Kit, includes a digital otoscope, pulse oximeter, and more.

3. Get Care!





Common medications \$0 with Nice

When prescribed by Nice & included in your Rx program.

Already taking a daily medication? Buying allergy medicine over the counter?
A Nice visit could help you save.

Recognize any of these?

Ask Nice about \$0 options for your medications.

Allergies

Fluticasone (Flonase)
Cetirizine (Zyrtec)

Anxiety & depression

Escitalopram (Lexapro)
Sertraline (Zoloft)

Blood pressure

Lisinopril (Zestril)
Losartan (Cozaar)

Cholesterol & diabetes

Atorvastatin (Lipitor)
Metformin

Asthma & breathing

Montelukast (Singulair)
Albuterol nebulizer solution

Thyroid & hormones

Levothyroxine (Synthroid)
Estradiol

Start with a Nice visit.

Talk with a Nice clinician about your current medications or a new concern.
For eligible \$0 prescriptions, show your **in-app Nice pharmacy card** at a participating pharmacy. Walgreens and Kaiser pharmacies do not participate.

Visit www.nice.healthcare/pharmacy for the latest list of \$0 meds.

Which Nice Rx program do you have?

Nice Expanded Rx: Your plan name does NOT include "HSA". A broader \$0 list, including additional medications for short-term illnesses, such as certain antibiotics and cough suppressants.

Nice Preventive Rx: Your plan name includes "HSA". Most of the same medications as "Expanded" also at \$0. A few medications for short-term illnesses like low-cost antibiotics aren't included.

