Getting Started

Guide for Enrolled Employees

Activate Your Employee Perks

Nice Healthcare

Your first stop for primary care, mental health, physical therapy. No copay. No bill. Many free meds.

Step 1

Create your Nice account.

Nice Healthcare app or website

Step 2

Order your free Care Kit

Fill out a form to have it mailed.

Step 3

Schedule your first visit

- **Add Dependents**
- Same-day appts
- As much time as you need.

Employer must be enrolled in Nice Healthcare through BHT. Employee must be on a BHT medical plan. Check Nice services: https://www.nice.healthcare/locations

LifeLock

All-in-one identity protection.

1. Fill out our quick form
2. Watch out for the activation email.
3. Log in & set up all the features.

BONUS Add your whole family!

Passport

Serious discounts at thousands of places.

1. Enroll at this special link

OR visit passportcorporate.com and click the "Sign Up" button. Use your work email. YOU WILL NOT NEED A MEMBER NUMBER.

2. Download the Passport Mobile app and log in.

Contact savings@businesshealthtrust.com *if you have any trouble.*

EAP

Employee Assistance Program
6 free visits for life challenges

Personal, legal, or financial issues. Call or visit the link below to get started.

888-0720-5237

Use Employer ID: "BHT"



Start with Nice!

Nice is your first stop for quality, everyday healthcare. Virtual visits and in-person care, at **no cost** as part of your benefits, appointments usually within a day!

nice

Business Health Trust

$0 Primary Care

All Nice visits are no-cost. No copays. No fees. Nice can help with most everyday care needs - primary care, sick care, chronic conditions.

$0 Medications

Hundreds of common medications free through Nice, covering most everyday needs, including over-the-counter medication options.

$0 Mental Health & PT

Nice Healthcare is your quickest way to connect with a mental health therapist or physical therapist. Available in most states.

When to use Nice

Sickness
Colds, flu, COVID, strep, coughs, and sore throats

Ongoing needs
Refills, blood pressure, diabetes, depression, perimenopause, $0 meds

Something off?
Pink eye, UTIs, ear infection, stomach issues, and more.

Allergies, rash
Seasonal allergies, rashes and acne

Aches & pains
Back, neck or joint pain. Convenient virtual PT, ages 12+

Stress, anxiety
Short-term support. Virtual mental health for adults, ages 18+

Basic imaging
X-rays for injuries & respiratory, EKGs for heart health.

Labs
Blood draws, urine tests, routine lab work, and more.

With Nice, labs and X-rays are always $0. Depending on where you live, Nice can come to your home or office, or refer you to a local facility and cover the cost.

How to Get Started

1. Sign Up
Create your Nice account on the Nice website, iOS app, or Android app

2. Care Kit
Submit to get a Care Kit, includes a digital otoscope, pulse oximeter, and more.

3. Get Care!



Common medications **$0 with Nice**

When prescribed by Nice & included in your Rx program.

Already taking a daily medication? Buying allergy medicine over the counter? A Nice visit could help you save.

Recognize any of these?

Ask Nice about $0 options for your medications.

Allergies
Fluticasone (Flonase)
Cetirizine (Zyrtec)

Anxierty & depression
Escitalopram (Lexapro)
Sertraline (Zoloft)

Blood pressure
Lisinopril (Zestril)
Losartan (Cozaar)

Cholesterol & diabetes
Atorvastatin (Lipitor)
Metformin

Asthma & breathing
Montelukast (Singulair)
Albuterol nebulizer solution

Thyroid & hormones
Levothyroxine (Synthroid)
Estradiol

Start with a Nice visit.

Talk with a Nice clinician about your current medications or a new concern. For eligible $0 prescriptions, show your **in-app Nice pharmacy card** at a participating pharmacy. Walgreens and Kaiser pharmacies do not participate.

Visit www.nice.healthcare/pharmacy for the latest list of $0 meds.

Which Nice Rx program do you have?

Nice Expanded Rx: Your plan name does NOT include "HSA". A broader $0 list, including additional medications for short-term illnesses, such as certain antibiotics and cough suppressants.

Nice Preventive Rx: Your plan name includes "HSA". Most of the same medications as “Expanded” also at $0. A few medications for short-term illnesses like low-cost antibiotics aren’t included.



Benefits that secure your identity & credit

Identity Theft Protection from Norton LifeLock Benefit Solutions and Business Health Trust

norton™ Benefit Solutions

Business Health Trust

What's covered—highlights

Protect your online privacy and safety with Device Security and Norton™ Secure VPN to stay safe from hackers, viruses, malware, vulnerable websites, and other online threats.

Credit and Social Media monitoring alerts of fraudulent or suspicious activity around your personal information and will notify of suspicious links, account takeover attempts, or inappropriate content.

A Million Dollar Protection™ Package to reimburse stolen funds, personal expenses, and provide coverage for lawyers and experts up to $1 million each.

Use Parental Control to monitor your child's online activities and view their search history so they stay safe.



Employers: We'll include Identity Theft Protection in your benefits plan. Visit BHTQuote.com.

Give your employees and their immediate family comprehensive protection to help them feel safer in their digital lives.

This benefit is offered at no additional cost with our Industry Health Trust plans. Kaiser Small-Group plans or non-medical offerings can add this benefit for a small fee.

Already a BHT Member? Get Protection Now!

1. **Fill out our quick form**
2. **Watch for the activation email.**
3. **Log in & set up all the features.**



Get thousands of member discounts

Everyday member-only discounts on dining, travel, entertainment, and more

PASSPORT® CORPORATE

Business Health Trust

Employees gain access to a memberships rewards network that provides meaningful everyday savings, including unmatched dining benefits with the option of additional merchant discounts.

Dine. Shop. Travel. Save.

Simply present your Passport Dining Card at a participating business.

- When dining with a guest, receive a second entree compliments of the house. At fast-casual restaurants, receive 20% off the total bill.
- Neighborhood offers include local shops and retailers, auto repair, car washes, health & wellness, childcare, attractions, recreation, and more.
- Recognizable brands with a wide selection of offers, like electronics, clothes & accessories, tickets & attractions, hotels, rental cars, and more.

Already a BHT member? Get started.

1. **Use the QR code here to enroll (Recommended)** It contains a special link. Alternatively, visit passportcorporate.com and click the "Sign Up" button. Use your work email. YOU WILL NOT NEED A MEMBER NUMBER.
2. **Download the Passport Mobile app** and log in.

Enroll at this special link

Contact savings@businesshealthtrust.com if you experience any difficulties enrolling.



6 Visit EAP for the whole family

Support for various life challenges from personal mental health to legal or financial issues.

TELUS Health

Business Health Trust

What's covered—highlights

Free and confidential counseling and financial/legal services through BHS for all BHT members and their families.

Receive community resources and get help from a mental health professional, support groups, an attorney, and/or a financial consultant.

In-person, telehealth, and digital guidance for stress, substance abuse, marital and family issues and legal or financial problems.

Assessment and counseling examples:

- Marital/Family relationships
- Stress-Related Problems
- Depression
- ADD/ADHD
- Work-Related Problems
- Alcohol & Drug Abuse
- Life Transitions

Need help with personal, financial or legal issues?

All employees and dependents are eligible to receive up to six free visits/consults each year—psychiatric visits included.

Important numbers to know

Get started with your Employee Assistance Program (EAP) and access wellness resources today!

- Call Telus at **888-720-5237** to be connected to your designated Care Coordinator.

Scan the QR code to login (Enter BHT in the EmployerID)

November 2026



Life insurance you can count on

Life insurance with AD&D and worldwide travel assistance from USAble—protection that goes where you go.

USAble Life℠ Business Health Trust

Did you know Basic Life Insurance is included in your benefit plan?

Guaranteed Issue: With no questions asked, you will be covered for up to $15,000 in Basic Life and AD&D Insurance.

Travel Assistance: Obtain emergency medical, travel and personal security assistance 24 hours a day anywhere in the world.

Eligibility Requirement: If you are a full-time active employee working a minimum of 20 hours per week and enrolled in the medical plan, you will be covered with these benefits.

Where to start

Life is full of many twists and turns. USAble Basic Life and AD&D coverage protects your family's future, no matter what life may throw your way. Confirm your beneficiaries today! Don't let this valuable benefit go to waste.

Scan the QR code to to download your plan details

Real Nice Stories From BHT Members

Hear from real employees! All quotes are from real people who have used Nice through BHT.

"Not having to **pay around $200** for an urgent care visit or medication..."

"**Nice did an** X-ray and blood draw at my house."

"**...**actually came directly to [my work] and **completed my blood draw between clients...**"

"...I received the medication I needed **within two hours.**"

"When I had to do a lab appointment, the **clinician came to my work.** So convenient!!"

"medicine would have cost over $60 **but costs me $0...**"

"The appointment **came to my desk**, it was great!"

Read more stories on the BHT website (or just try Nice yourself...)