

Getting Started

Guide for Enrolled Employees

Activate Your Employee Perks

Nice Healthcare

Your first stop for primary care, mental health, physical therapy. No copay. No bill. Many free meds.

Step 1

Create your Nice account.

Nice Healthcare app or website



Step 2

Order your free Care Kit

Fill out a form to have it mailed.



Step 3

Schedule your first visit



Add Dependents



Same-day appts



As much time as you need.

Employer must be enrolled in Nice Healthcare through BHT. Employee must be on a BHT medical plan & reside in one of the Nice states: <https://www.nice.healthcare/locations>

LifeLock

All-in-one identity protection.

1



Fill out our quick form

2

Watch out for the activation email.

3

Log in & set up all the features.



Add your whole family!

Passport

Serious discounts at thousands of places.

1



Enroll at this special link

OR visit passportcorporate.com and click the "Sign Up" button. Use your work email. YOU WILL NOT NEED A MEMBER NUMBER.

2

Download the Passport Mobile app and log in.

Contact savings@businesshealthtrust.com if you have any trouble.

EAP

Employee Assistance Program
6 free visits for life challenges

Personal, legal, or financial issues. Call or visit the link below to get started.



888-0720-5237



Use Employer ID: "BHT"



Your first stop for quality care

Virtual visits and in-home care, at **no cost** as part of your BHT package, appointments usually within a day!



nice



Business
Health Trust



\$0 Primary Care

All Nice visits are no-cost. No copays. No deductibles. Nice supports you with primary care, sick care, chronic conditions, and virtual mental health and physical therapy.



\$0 Medications



Ask your Nice clinician about meds delivered to your door

550+ common medications free through Nice, covering most everyday medications, including over-the-counter options (e.g., allergy, heartburn, cough, antibiotics).

One-stop Care

Employees on a BHT medical plan and their eligible dependents get as much care as they need.



Labs, EKGs,
X-rays



Physical
Therapy



Mental
Health



Primary &
Sick Care



Full Rx
Service

Check if you're in Nice's in-person service area (Labs, EKGs, X-rays, etc.) at nice.healthcare/locations

How to Get Started



1. Sign Up

Create your Nice account today on the [Nice Healthcare website](https://nice.healthcare), [iOS app](#), or [Android app](#)



2. Care Kit

Submit a [quick form](#) to get a Care Kit which includes a digital otoscope, pulse oximeter, and more.

3. Get Care & Save





Get 550+ common medications **FREE** when prescribed by Nice

How: The meds on the “free list” are not the only ones Nice can help you with. Talk to a Nice clinician in a visit about what to expect. For the free medications, once prescribed by Nice and sent to your favorite pharmacy (just NOT Walgreens or Kaiser), share your in-app Nice pharmacy card with the pharmacist.

Common things people use Nice prescriptions for:

- Allergies and sinus symptoms
- Cold, cough, and sore throat
- Skin concerns
- Anxiety or depression
- Blood pressure support
- Asthma symptoms
- Common infections
- Any sudden non-emergency concern

Some common \$0 meds (generics) being prescribed by Nice:

Real examples as of August 2026, but this list can change. Visit www.nice.healthcare/pharmacy for the latest.

\$0 Allergy

- Flonase (Fluticasone)
- Zyrtec (Cetirizine)
- Claritin (Loratadine)
- Allegra (Fexofenadine)
- Xyzal (Levocetirizine)
- Nasacort

\$0 Cold

- Acetaminophen (Tylenol)
- Ibuprofen (Advil)
- Dextromethorphan-guaifenesin (Mucinex DM)
- Benzonatate
- Zofran (Ondansetron)

\$0 Anxiety/Depression

- Lexapro
- Zoloft
- Wellbutrin
- Prozac
- Celexa
- Effexor
- Cymbalta
- Paxil

\$0 Respiratory

- Singulair (Montelukast)
- Albuterol nebulizer solution
- Atrovent inhaler (Ipratropium bromide)
- DuoNeb (Ipratropium-albuterol nebulizer)

\$0 Antibiotics

- Augmentin
- Amoxil
- Z-Pak
- Cephalexin
- Doxycycline
- Ciprofloxacin
- Clindamycin
- Trimethoprim
- Cefdinir
- Nitrofurantoin

Other common \$0 meds

- Prednisone
- Estradiol
- Provera
- Metformin
- Zestril
- Yaz
- Valtrex
- Progesterone
- Lipitor
- Synthroid
- Cozaar
- Clonidine





Benefits that secure your identity & credit

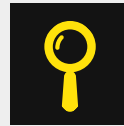
Identity Theft Protection from Norton LifeLock
Benefit Solutions and Business Health Trust



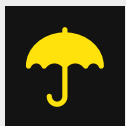
What's covered—highlights



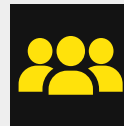
Protect your online privacy and safety with Device Security and Norton™ Secure VPN to stay safe from hackers, viruses, malware, vulnerable websites, and other online threats.



Credit and Social Media monitoring alerts of fraudulent or suspicious activity around your personal information and will notify of suspicious links, account takeover attempts, or inappropriate content.



A Million Dollar Protection™ Package to reimburse stolen funds, personal expenses, and provide coverage for lawyers and experts up to \$1 million each.



Use Parental Control to monitor your child's online activities and view their search history so they stay safe.

Employers: We'll include Identity Theft Protection in your benefits plan. Visit BHTQuote.com.

Give your employees and their immediate family comprehensive protection to help them feel safer in their digital lives.

This benefit is offered at no additional cost with our Industry Health Trust plans. Kaiser Small-Group plans or non-medical offerings can add this benefit for a small fee.



Already a BHT Member? Get Protection Now!



1

Fill out our
quick form

2

Watch for the
activation email.

3

Log in & set up
all the features.



Get thousands of member discounts

Everyday member-only discounts on dining, travel, entertainment, and more



PASSPORT[®]
CORPORATE

 Business
Health Trust

Employees gain access to a memberships rewards network that provides meaningful everyday savings, including unmatched dining benefits with the option of additional merchant discounts.



Dine. Shop. Travel. Save.

Simply present your Passport Dining Card at a participating business.



When dining with a guest, receive a second entree compliments of the house. At fast-casual restaurants, receive 20% off the total bill.



Neighborhood offers include local shops and retailers, auto repair, car washes, health & wellness, childcare, attractions, recreation, and more.



Recognizable brands with a wide selection of offers, like electronics, clothes & accessories, tickets & attractions, hotels, rental cars, and more.

Already a BHT member? Get started.

1. Use the QR code here to enroll (Recommended)

It contains a special link. Alternatively, visit passportcorporate.com and click the "Sign Up" button. Use your work email. YOU WILL NOT NEED A MEMBER NUMBER.

2. Download the Passport Mobile app and log in.

Contact savings@businesshealthtrust.com if you experience any difficulties enrolling.



Enroll at this
special link





6 Visit EAP for the whole family

Support for various life challenges from personal mental health to legal or financial issues.



What's covered—highlights



Free and confidential counseling and financial/legal services through BHS for all BHT members and their families.



Receive community resources and get help from a mental health professional, support groups, an attorney, and/or a financial consultant.



In-person, telehealth, and digital guidance for stress, substance abuse, marital and family issues and legal or financial problems.

Assessment and counseling examples:

- Marital/Family relationships
- Stress-Related Problems
- Depression
- ADD/ADHD
- Work-Related Problems
- Alcohol & Drug Abuse
- Life Transitions

Need help with personal, financial or legal issues?

All employees and dependents are eligible to receive up to six free visits/consults each year—psychiatric visits included.

Important numbers to know

Get started with your Employee Assistance Program (EAP) and access wellness resources today!

- Call Telus at **888-720-5237** to be connected to your designated Care Coordinator.



Scan the QR code to login (Enter BHT in the EmployerID)



Life insurance you can count on

Life insurance with AD&D and worldwide travel assistance from USAbLe—protection that goes where you go.



Did you know Basic Life Insurance is included in your benefit plan?



Guaranteed Issue: With no questions asked, you will be covered for up to \$15,000 in Basic Life and AD&D Insurance.



Travel Assistance: Obtain emergency medical, travel and personal security assistance 24 hours a day anywhere in the world.



Eligibility Requirement: If you are a full-time active employee working a minimum of 20 hours per week and enrolled in the medical plan, you will be covered with these benefits.

Where to start

Life is full of many twists and turns. USAbLe Basic Life and AD&D coverage protects your family's future, no matter what life may throw your way. Confirm your beneficiaries today! Don't let this valuable benefit go to waste.



Scan the QR code
to to download
your plan details

Real Nice Stories From BHT Members

Hear from real employees! All quotes are from real people who have used Nice through BHT.

“Not having to **pay around \$200** for an urgent care visit or medication...”

“**Nice did an X-ray** and blood draw at my house.”

“...actually came directly to [my work] and **completed my blood draw between clients...**”

“...I received the medication I needed **within two hours.**”

“When I had to do a lab appointment, the **clinician came to my work.** So convenient!!”

“medicine would have cost over \$60 **but costs me \$0...**”

“The appointment **came to my desk,** it was great!”

Read more stories on
the BHT website (or just
try Nice yourself...)

