



Emergency Resources

Keep yourself and your family safe

Return home only if you are told it is safe by local officials. As you clear debris please look carefully around the debris for any visible cables. If you see any cables, wait for professional help. Power cables can kill easily.

Don't be afraid to ask for help

Register for assistance online at DisasterAssistance.gov if you have damages not covered by insurance. Contact the Disaster Distress Helpline by texting TalkWithUs to 66746 or call 1-800-985-5990 (for Spanish, press 2 or text Hablanos to 66746) to speak with a trained crisis counselor.

Practice food and water safety

Throw out food left in refrigerators or that came in contact with flood waters. Drinking water may be contaminated, check to see if a boil water order is in effect for your area.

Clean up safely

Return home only if you are told it is safe.

Get started on your recovery

If you have insurance, and it's safe to return home, call your insurance company to file a claim. Take photos and videos of all damages before you start cleaning up.

Send money, not stuff

Cash can be used immediately in response to a crisis. A financial contribution to a recognized disaster relief organization is the most effective donation to make.

If you are in need of support, your EAP can help. Call TELUS Health at **800-245-1150** to speak to your designated Care Coordinator about your benefits and options for support

Hurricane Preparedness and Recovery

American Red Cross – Hurricane Safety

FEMA – Hurricane Preparedness

Nationwide – How to Prepare for a Hurricane

Ready.gov – Hurricanes Info and Resources

NOAA Hurricane Preparation

Weather.com – During the Storm

CNN Hurricane Checklist

CDC – Safety Guidelines

National Hurricane Survival Initiative

American Red Cross – Disaster Preparedness

Alzheimer's Association – Emergency Prep

NOAA – National Hurricane Center

https://www.nhc.noaa.gov

Local Red Cross Locator

http://www.redcross.org/find-your-local-chapter

Red Cross Smartphone Apps

Apps will update people on current flooding situation and provide information on safety during a disaster.

Google Play

Apple Store

United Way 2-1-1

2-1-1 is an easy to remember phone number that connects callers to information and services in times of need. It is available 24 hours a day, seven days a week, even during disasters. Please call if you are seeking resources such as clothing, food or programs for your family.

Federal Emergency Management Agency (FEMA)

500 C Street Southwest

Washington, DC 20472

800-621-FEMA

https://www.fema.gov

If a disaster is declared in your area, please call to apply for assistance or visit https://www.disasterassistance.gov.

FEMA Text Message Program

To locate an open emergency shelter, text SHELTER and a Zip Code to 43362 (4FEMA).

To locate an open Disaster Recovery Center, text DRC and a Zip Code to 43362 (4FEMA).

Please note that standard message and data rates apply.

Local Salvation Army Locator

http://www.salvationarmyusa.org

Distress Helpline—Disaster Relief

Disaster-relief.org

This free, confidential and multilingual crisis support service is available via telephone (**1-800-985-5990**) and SMS (Text 'TalkWithUs' to 66746) to U.S. residents who are experiencing psychological distress as a result of a natural or man-made disasters.