

Member News



NOVEMBER 2016

2017 WELLNESS RESOURCES

The Business Health Trust (BHT) believes that the business community thrives when the whole community is healthy. It is happy to announce the following partners in its wellness initiative for 2017. These tools and resources are at no additional cost to member companies and members*. There are no extra forms to complete and no minimum requirements!

Creating a culture of wellness takes time and the right mix of communications, resources and incentives. To create the right environment, BHT is here to offer the tools to help employers promote and communicate the importance of health and wellness.

Through the following partners, you will have special access to benefits and web services that will provide HR supervisors and members a wealth of wellness-related products and services. Stay tuned for more news with your BHT Industry Health Trust renewal or make sure to mention it to your Insurance Producer for more details.



Special access on the employee/member level, as well as on the supervisory/group level to web services and wellness websites



Mobile healthcare application that helps members identify key wellness services at a location and price that fits your needs



"Own Your Health" online library of resources and articles helps BHT members make sure you are getting high-quality care and a good experience at a fair price



Free in-network flu shots, a virtual care nurseline and other health benefits that let you choose the right care for your lifestyle

INDUSTRY TRUSTS



PROGRAM MANAGED BY



*Employers not enrolled in Premera Blue Cross must pay for EAP services.