

**GROUP HEALTH OPTIONS, INC.**  
**ALLIANT PLUS ANNUAL DEDUCTIBLE**  
**CONTRACT REVISIONS**

Effective January 1, 2009  
(Created 5/12/08; Revised 1/9/09)

*This is the most current list of revisions, but this list is subject to change at any time.*

**CONTRACT**

**LANGUAGE/BENEFIT CHANGE**

**EXPLANATION**

Standard Provisions

*GHO discretionary language has been modified at the request of the Office of Insurance Commissioner while they finalize their requirements.*

An additional termination provision has been added to the termination of entire agreement section based on the recommendation of our Legal Department.

*Introduction*

*The MHCN-designated self-referral specialist provision has been revised to state that Medicare patients now require prior authorization to see these specialists (rather than a referral).*

Allowances Schedule

Growth hormones are administered as a standard pharmacy benefit and are no longer subject to a waiting period.

The benefit period allowance under chemical dependency services has been increased in accordance with Washington state law. The dollar amount will be reflected in the agreement.

Clarifications have been made to the Emergency Services provision. The benefit specific deductible for services provided at Community Provider emergency facilities is now referred to as a copayment in order to be consistent with the MHCN emergency facility cost share and to reduce confusion. Also, both MHCN and Community Provider emergency services have been clarified to more accurately reflect the order in which the cost shares are applied. All references to service-specific deductibles have also been deleted throughout the contract.

A clarification has been made to manipulative therapy stating that MHCN and Community Provider benefit limits are combined and cannot be duplicated.

The availability of the additional manipulative therapy visits by referral has been removed.

A clarification has been made to the prenatal and postpartum care provision to state that non-routine care is covered subject to the applicable outpatient services cost share.

A clarification has been made to the sterilization provision to address both inpatient and outpatient cost share application.

*Enrollment and Eligibility*

*Dependent age provision has been revised in accordance with Washington law to eliminate the requirement that dependents under age 25 must be dependent on the subscriber for support and maintenance.*

Manipulative therapy

The availability of the additional manipulative therapy visits by referral has been removed.

Appeals

The toll-free phone number for the Member Appeals Department has been updated.

*Miscellaneous Provisions*

*GHO discretionary language has been modified at the request of the Office of Insurance Commissioner while they finalize their requirements.*